

2024 EXECUTIVE SUMMARY 2024

IDENTITY-ORIENTED PSYCHOTRAUMA THERAPY AND THEORY – IoPT

“If we are cooperative or aggressive, it depends, first of all, on the state of our psyche. Depending on its state, we create our social and natural environment. If chaos reigns in our psyche, we create chaos outside. If we are in harmony with it, we are able of establishing clarity and order in our environment. As it is inside, it is outside.”

Franz Ruppert, in ‘Who are we in a traumatized and traumatizing society?’ By Green Balloon Publishing

On-line Free Course

IDENTITY-ORIENTED PSYCHOTRAUMA THERAPY AND THEORY – IoPT

“Spring Version Brazil 2024”



Prof. Dr. Franz Ruppert
Germany

- Deepening knowledge, applicability and updates on IoPT.

Learning about the latest developments of the Identity oriented Psychotraumatheory with aspects of the different types of trauma.

What is the essence and dynamic of an existential trauma, a trauma of loss, a trauma of identity, a trauma of love, a trauma of sexuality and a trauma of perpetration?

What is the difference between healthy structures of our psyche and surviving strategies?

What does „resonance“ mean, how does it work?

How can we best support a self-encounter process?

Those, who have already the ability to work as a IoPT-Therapist can have supervision in on of these days of training.

1st phase
5-7 Apr.

2nd phase
15-17 Nov.



Institut für Fort
und Weiterbildung



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Information:

www.sistemicaconsultoria.com

contato@sistemicaconsultoria.com

+55 (61) 3577-2697 | 9-9223-5685

Sistêmica Consultoria



Prof. Dr. Franz Ruppert – Germany

PhD in Psychology, psychotherapist and Professor at the Catholic University of Applied Science, Munich. In 1995 he discovered the work of Bert Hellinger with Family and Organizational Constellations in groups, and since 1999 he has been offering training courses for professionals. Prof. Dr. Ruppert has specialized in the therapeutic work with people with severe mental illnesses, as depression, fears, borderline disorders, psychoses and schizophrenias. He created the Identity-oriented Psychotrauma Therapy and Theory – IoPT based on the Theory of Trauma and the Attachment Theory. Both in individual and group contexts, as well as in seminars conducted in several countries, Franz Ruppert puts his method into practice in the so-called “Self-Encounters”, where, through the “Sentence of Intention” and the resonance technique, he facilitates a profound work on one’s identity.

Author of the following books: Symbiosis and Autonomy – Symbiotic Trauma and Love Beyond Entanglements; My Body My Trauma My I – Setting up Intentions and Exiting our Trauma Biography; Who Am I in a Traumatized and Traumatizing Society?; Love, Lust and trauma – The Journey Towards a Health Sexual Identity; Splits in the Soul - Integrating Traumatic Experience; Early Trauma: Pregnancy, Birth and the First Years of Life; Trauma, Fear & Love: How the Constellation of Intention Supports Health Autonomy; Berufliche Beziehungswelten - Das Aufstellen von Arbeitsbeziehungen in Theorie und Praxis, Ed. Carl-Auer-System; Verwirrte Seelen – Der Verbogene Sinn von Psychosen, Ed. Kösel.

<https://www.franz-ruppert.de/index.php/de/england>
professor@franz-ruppert.de

IDENTITY-ORIENTED PSYCHOTRAUMA THERAPY AND THEORY – IoPT

“IoPT is a scientific approach with clearly defined basic concepts, which has been gradually developed for more than 25 years of empirical research. Currently, there are more than 10 books for the study of its development available in different languages. The IoPT and the Method of Intention, however, are not just a theory to be learned and a technique to be applied. The students must have the courage to delve into their personal history and confront traumatic experiences. Those who do not do so cannot practice IoPT, despite their qualifications. It also requires a commitment to further explore the psyche, even when already practicing IoPT.!”

“In each intention, there is a tendency towards healing... If we grasp the deeper meaning of the intention, we access its potential for self-healing. All of us have the potential for self-healing; working with trauma means to create space for one’s self-healing.” – Franz Ruppert

“The first touchstone of a person’s identity development is the mother. From the very moment of conception, the mother represents our first experience of a relationship; she is our environment.”

- Franz Rupper

PROGRAM CONTENT

- Learning about the latest developments on the Identity-oriented Psychotrauma Theory, including aspects of the different types of traumas.
- What is the essence and the dynamic of an existential trauma, a trauma of loss, a trauma of identity, a trauma of love, a trauma of sexuality and a trauma of perpetration?
- What is the difference between healthy structures of our psyche and surviving strategies?
- What does “resonance“ mean and how does it work?
- How can we best support a self-encounter process?
- Those who already have the ability to work as a IoPT-Therapist can have supervision on one of these days of training.

(Note: For those who have already completed a workload of more than 100 hours in different IoPT trainings and courses, this will be an opportunity to be qualified to the “List of Recommended International Professionals“.)

OBJECTIVES:

General Ones

- Developing and practicing the Identity-oriented Psychotrauma Theory and Therapy – IoPT: theoretical foundations, key concepts and patterns derived from them for the practical approach in therapy and counseling;

Specific Ones

- Expanding IoPT knowledge with the Method of Intention;
- Encouraging the development of studies, researches, national and international technical cooperation projects,
- Contributing to the improvement of healthy relationships, assistance, teaching and research in several institutional areas.
- Promoting a grounded understanding on the development of identity and possible traumatization caused by people, and a recognition of the effects of trauma on parent-child relationships, partnerships, friendships, and working relationships.

The Method of Intention, through the resonance phenomenon, is a new possibility for having access to partially stored unconscious and pre-verbal psychic processes (e.g., early childhood and pre-birth bonding experiences). This method enables us to bring back to consciousness experiences that have disappeared during the psyche split – caused by traumatizations – as well as trauma survival strategies and trauma re-enactments.

METHODOLOGY

- The methodology integrates theory and practice in a continuous process of experiences and reflection-action.
- It is pro-active. The student is the protagonist of the learning process.
- The theory will be presented as an expository lecture in the first hours of the day, and then there will be room for explanations and questions on the theory and practices:

What have we learned?

- The practical work with the participants' intentions consolidates and expands knowledge in the "Self-Encounters", deepens the understanding of the dynamics and interventions, and promotes the development of skills, concepts and the mastery of the technique.
- Case studies will be used to deepen the understanding of the theoretical concepts, such as the human psyche of the health self, the internal dynamics and strategies of trauma survival, which try to hide and disguise the reality of trauma.
- Professor Franz Ruppert will offer orientation on the application of IoPT in specific situations of practical work, both in group and individually.

TARGET AUDIENCE:

- Graduated and post-graduated professionals from different areas of knowledge who seek to deepen specific knowledge and want to integrate the IoPT approach into their own work, directly with Professor Franz Ruppert.

As a transdisciplinary knowledge, the participants' heterogeneity provides a rich and fertile environment for promoting the learning process, so that they can face the challenge of working as psychotherapists, therapists, conciliators, conflict mediators, consultants and coaches.

The course is based on the tripod: 1) the Ethics of Professional Practice; 2) the aggregation and integration of knowledge; 3) innovation with the purpose of deepening and updating the theoretical, practical and methodological context of the IoPT for professionals in the psychosocial, health and education areas, such as psychotherapists, social pedagogues, family consultants, therapists of Complementary Integrative Practices.

RULE FOR PARTICIPATION AS "DEMANDANTE"* AND RESONANT:

Each student can participate as "*Demandante*" and "*Resonant*" only once, so that everyone will have the opportunity of a learning process in a living experience.

* One who brings an intention.

GOAL:

- 100 participants.

ATTENDANCE:

- The minimum attendance required for certification will be 90%, and it'll be controlled daily, every morning and afternoon, through the open screen.

WORKLOAD:

Total of 40 hours in two stages:

- 1st stage: April 5-7, 2024;
- 2nd stage: November 15-17, 2024.
- The course schedule will be from 8am to 6pm (Brasília time) with 10-to-15-minute pauses between the practical sessions, and a one-hour lunch pause, according to the teacher.

Note: The participation in both stages of the IoPT 2024 Online Free Course with Professor Franz Ruppert **is not an essential requirement.**

However, we recommend the participation in the two stages for those who:

- intend and want to update, aggregate and integrate their knowledge directly with the creator of IoPT, in a process of "permanent education";
- are committed to exploring step by step the psyche for professional development;
- seek to deepen their personal history and confront their traumatic experiences.

Participants who have already taken courses by Sistêmica Consultoria will receive a special 20% discount.

CONSECUTIVE TRANSLATION:

Two translators will be available every day: Milagros Camona, Lorena Martins and Ivana Portella.

GRAPHIC RESONANCE

Sandra Leila de Paula

RECORDING

In agreement with Prof. Franz Ruppert and participants, the course will be recorded and posted on Youtube – and its use will be exclusively and restricted to participants only – in accordance with the “Term of Authorization for the Use of data, image and voice”, under the responsibility and custody of the Individual Entrepreneur, Miriam Coelho Braga / Consultoria Sistêmica (shown at the end of this document).

The IoPT Online Course in its "Spring Edition – Brazil 2024", conducted by Professor Franz Ruppert, maintains the personal and professional ethical posture, and the privacy of the participants, who will have access to the recordings through an individual password that will be available to them after the event.

To access the recording, all participants, including teacher and translators, must have a YouTube account.

The recordings are an excellent tool for the learning process and 'Continuing Education', as well as an online teaching resource for anyone interested in deepening the theoretical and practical knowledge on IoPT, as it offers subsidies for the individual and group practice.

The practice of "Self-Encounters" deserves respect, confidentiality and special attention, and, therefore, must be restricted to the participants of the "Online 2024 IoPT Course".

ETHICS OF THE PROFESSIONAL PRACTICE IN THE DIGITAL OR ONLINE SYSTEM

Authorization for the collection of data and use of my image and voice, pursuant to article 7, item I of Law No. 13,709/2018 (Brazilian General Data Protection Law).

The Individual Entrepreneur, Miriam Coelho Braga - Sistêmica Consultoria, registered under CNPJ: 14.814.338/0001-91, Commercial Address: SCRN 706/707- Bloco F - Nº 27 - salas 03 - Asa Norte, Brasília/DF - CEP: 70 740 660, owns the copyright of the 2024 Online Course of IoPT - Theory and Therapy of Psychotrauma Oriented to Identity, and is responsible for the use of data, image and voice according to the terms agreed upon at the time of registration. She is not allowed to make downloads, copies, transcriptions onto other platforms, computers or cell phones, at the risk of responding in court for such acts.

Each participant is entirely responsible for the access to YOUTUBE, which will be made available to all participants by Sistêmica Consultoria through an INDIVIDUAL and NON-TRANSFERABLE PASSWORD. The contents cannot be edited and/or transcribed, in whole or in part. This requires a conscious attitude, respect and confidentiality from the course members.

CERTIFICATE

The CERTIFICATE will be issued by Sistêmica Consultoria (Brasília-DF) in partnership with Professor Franz Ruppert's Institut für Fort- und Weiterbildung – Theory and Therapy of Psychotrauma Oriented to Identity (IoPT), in the "Online Free course" format.

The above-mentioned IoPT CERTIFICATE does not license the participating professional for the clinical practice of "psychotherapy" or "body therapy". This license complies with the rules of educational service providers, accredited boards and laws for the ethical professional practice of each state and/or country where the participant intends to work.

BASIC BIBLIOGRAPHY:

- 1 - Symbiosis and Autonomy – Symbiotic Trauma and Love Beyond Entanglements, by Franz Ruppert;
- 2 - My Body My Trauma My I – Setting up Intentions and Exiting our Trauma Biography, by Franz Ruppert and Harald Banzhaf;
- 3 - Who Am I in a Traumatized and Traumatizing Society? by Franz Ruppert;
- 4 - ATTACHMENT – The Nature of Bond, volume 1;
- 5 - SEPARATION – Anxiety and Anger, volume 2;
- 6 - LOSS – Sadness and Depression, volume 3;
- 7 - ATTACHMENT AND LOSS, from John Bowlby's trilogy.

INVESTMENT:

Alumni of Sistêmica Consultoria will have a 20% discount on the chosen payment modality, according to the schedule below. Please request the discount via e-mail to receive the link for payment.

PAYMENT OPTIONS FOR THE TWO STAGES OF THE COURSE

DISCOUNT FOR ALUMNI ONLY

A - from August 08 to October 31, 2023: R\$5.100,00; (R\$4.080,00 with discount)

B - from November 01, 2023 to January 31, 2024: R\$5.400,00; (R\$4.320,00 with discount)

C - From February 02 to April 04, 2024: R\$ 6.000,00 (**WITHOUT DISCOUNT**).

INVESTMENT FOR THOSE WHO WILL PARTICIPATE IN ONLY ONE OF THE STAGES OF THE COURSE: R\$4.000,00

PAYMENT METHODS

Payment can be done via:

- CREDIT CARD – up to 12 installments via Pag Seguro (with interest)
- PAYPAL – KEY: miriamcbraga@gmail.com
- WIRE TRANSFER – If this is your payment option, bank details will be forwarded to you. The transfer receipt must be forwarded to:
contato@sistemicaconsultoria.com or via whatsapp: ++55 (61) 99223-5685

FINAL NOTES

Sistêmica Consultoria has the right:

- To change the Course schedule in the face of unforeseen events: for instance, the unavailability of Professor Franz Ruppert due to health issues related to the pandemic and others. In this case, Sistêmica Consultoria is responsible for informing the participants about any date changes.
- To modify and improve the program content of the Course, as long as such changes and improvements maintain the Course's goal and meet the total workload of 40 hours.
- No amount paid will be refunded in case of wavering and/or integral and partial participation. The attendee declares to be aware of the fact that his/her participation in the course will follow the registration order.
- The access link to the Zoom platform will be provided before the beginning of the course on the respective dates.
- PARTICIPANTS will receive a link to access the recordings after the course.

Technical Coordinator of the Online Free Courses

Miriam Coelho Braga

Sistêmica Consultoria®

www.sistemicaconsultoria.com

contato@sistemicaconsultoria.com

Fone: +55 (61) - 9 9223-5685